

## Citizens' pulse 2024

This inquiry examines the opinions of people living in Finland during the current state, in which topical issues in Finland and Europe affect people's lives. The questions are related to the activity of the authorities, as well as the respondent's own mood and future expectations.

You can go forward on the form by pressing Next at the bottom of the page. You can check or correct your answers by pressing Previous.

Your answers will be saved automatically when you go forward on the form. If responding is interrupted, you can log in to the form again using the link you received.

### Kohdenro

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## BACKGROUND QUESTIONS

### What is your sex?

- Male
- Female
- Other

### To which of these age groups do you belong?

- Under 20 years
- 20 to 24 years
- 25 to 29 years
- 30 to 34 years
- 35 to 39 years
- 40 to 44 years
- 45 to 49 years

- 50 to 54 years
- 55 to 59 years
- 60 to 64 years
- 65 to 69 years
- 70 years or over

**With whom do you live?**

- I live alone
- I live with my family
- I live with other persons

**Do you have any underage children living with you?**

- Yes
- No

**In which region do you live?**

- South Karelia
- South Ostrobothnia
- South Savo
- Kainuu
- Kanta-Häme
- Central Ostrobothnia
- Central Finland
- Kymenlaakso
- Lapland
- Pirkanmaa
- Ostrobothnia
- North Karelia
- North Ostrobothnia
- North Savo
- Päijät-Häme
- Satakunta
- Uusimaa



|   | Fully agree           | Agree to some extent  | Do not agree or disagree | Disagree to some extent | Fully disagree        | Don't know            |
|---|-----------------------|-----------------------|--------------------------|-------------------------|-----------------------|-----------------------|
| I feel closeness and connected with people whom I care about and who care about me. | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>    | <input type="radio"/>   | <input type="radio"/> | <input type="radio"/> |
| I feel that my life is precious and significant right now.                          | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>    | <input type="radio"/>   | <input type="radio"/> | <input type="radio"/> |

**How confident are your feelings about your future at the moment? \***

|  | 10 Very confident     | 9                     | 8                     | 7                     | 6                     | 5                     | 4                     | 3                     | 2                     | 1 Not at all confident | Don't know            |
|--|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|------------------------|-----------------------|
|  | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>  | <input type="radio"/> |

**How worried are you about your household's livelihood during the coming month? \***

|  | Not at all worried    | Only a little worried | To some extent worried | Quite worried         | Very worried          | Don't know            |
|--|-----------------------|-----------------------|------------------------|-----------------------|-----------------------|-----------------------|
|  | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>  | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |

**Stress refers to a situation where people feel tense, restless, anxious or distressed or it is hard for them to sleep because they constantly have things on their mind. Are you currently experiencing such stress? \***

|  | Not at all            | Only a little         | To some extent        | Quite much            | Very much             | Don't know            |
|--|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|
|  | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |

**To what extent do you agree or disagree?**

**I feel that my life is safe. \***

|  | Fully agree           | Agree to some extent  | Do not agree or disagree | Disagree to some extent | Fully disagree        | Don't know            |
|--|-----------------------|-----------------------|--------------------------|-------------------------|-----------------------|-----------------------|
|  | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>    | <input type="radio"/>   | <input type="radio"/> | <input type="radio"/> |

**Tell us your estimate of the mood in Finland at the moment. \***

10 There is no sign of mood of crisis

1 The mood of crisis is at its worst

Don't know

**How much do you personally trust each of the following institutions? \***

10 Complete trust

1 Not trust at all

Can't say

|                       | 10 Complete trust     | 9                     | 8                     | 7                     | 6                     | 5                     | 4                     | 3                     | 2                     | 1 Not trust at all    | Can't say             |
|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|
| Finnish Government    | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| Your local government | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| Finnish Parliament    | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| The courts            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| Political parties     | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| The police            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |

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|------------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|
| The health system      | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| The education system   | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| The civil service      | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| The media              | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| Finnish Defence Forces | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| European Union         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| Nato                   | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |

**Does Finland's NATO membership affect your sense of security? \***

Strengthens it significantly

Strengthens it somewhat

Does not affect

Weakens it somewhat

Weakens it significantly

Don't know









To what extent do you agree or disagree? \*

|   | Fully agree           | Agree to some extent  | I neither agree nor disagree | Disagree to some extent | Fully disagree        | Do not know           |
|---|-----------------------|-----------------------|------------------------------|-------------------------|-----------------------|-----------------------|
| Too low physical activity is a major societal challenge in Finland. | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>        | <input type="radio"/>   | <input type="radio"/> | <input type="radio"/> |

\*

|   | A lot                 | Quite a lot           | To some extent        | Only a little         | Not at all            | Don't know            |
|---|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|
| In the past six months, have you seen or heard media communication that encourages to increase physical activity? | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |

Have you heard about the Finland on the move programme?

- Yes, I have
- No, I have not
- Don't know

## BACKGROUND QUESTIONS

What is the highest level of education you have completed? Is it:

- at most comprehensive school or similar
- upper secondary education (matriculation examination or vocational qualification)
- lower tertiary degree (university of applied sciences degree or other)
- higher tertiary degree
- something else

How would you describe your household's economic situation? Do you think it is:

- wealthy
- well off
- of average income
- of low income

Don't know

**Do you still have something else in mind that you would like to mention in this context? You can write your comments here.**

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300 characters left