

## **CONSIDERATIONS AFTER CIRCUMCISION**

- 1. Your child felt no pain during the circumcision because local anesthesia was used; he may have cried due to the psychological effect as only touching could have been perceived. The effect of local anesthesia will regress after 2 hours and your child may start to feel pain. Feeling pain in the first 24 hours is absolutely normal. Therefore, your child should take the prescribed painkiller syrup immediately after the circumcision. You need to give the painkiller for at least three days at 6-hour intervals, even if there is no pain.
- 2. The first night after a circumcision can be sleepless; this is very normal. The child becomes very sensitive and may show crying behaviours to attract attention. It will be sufficient that painkillers are used during this period. Pain will regress 50-75% at most after 24 hours and will be nearly completely alleviated at 48 hours.
- 3. Your child can eat and drink right after the circumcision.
- 4. Children mostly urinate before a circumcision, but some children may urinate during the procedure as well. Pain that develops after the circumcision may cause involuntary spasm in the regional mus-cles. Therefore, your child may have his first urination a little bit late; this is a normal scenario. The first couple of trials to urinate may be unsuccessful due to excessive spasm. Warm compression can be applied to the region of the urinary bladder in these cases.
- 5. Some sensation of burning or interruptions may occur during the first urination. This is a completely normal condition. However, if your child does not urinate for a long time (24 hours), if pain aggravates gradually and excessively, or if blood is noticed along with or in the urine, you should contact our clinic.
- 6. The dressing (circumcision bandage) can be removed at home a fter the first 24 hours in normal conditions. This period can sometimes be extended to 48 to 72 hours. You can remove the dressing by having your child sit in warm water or while washing him, or you can remove it directly by making it soaked. Do not be afraid to remove the dressing. It is extremely beneficial to perform daily warm water dressing and bathing routines. Do not feel worried or concerned while performing this procedure, it is totally painless. A few drops of blood can also be seen while the dressing is removed, that is normal too.
- 7. Once the dressing is removed, use a very thin layer of the antibiotic cream that is given to you at the location of the stitches; continue to do so two to three times a day for a week.
- 8. Mild bleeding stains in the dressing are not important; however, you need to present to our clinic in the event of leakage-like bleeding.
- 9. The first 24 hours after circumcision are critical and your child needs to rest as much as possible. It is very important that the first 6 hours are spent lying down. If there is no risk of bleeding or infection, your child may move and go out after 24 hours.
- 10. After circumcision, if the penis embeds in the skin, the penis head should be taken out by gently pulling the foreskin back daily, until the wound heals. If not, a second procedure may be required
- 11. Some swelling and bruising after the circumcision is normal secondary to local anesthesia, you do not have to worry. There may be long-standing bruising on the penis head in children with adhesions on the penis skin (phimosis) before circumcision, do not worry.



- 12. Since excess pubic fat accumulation is observed in overweight children, the penis may appear embedded in the skin and the wound dressing may come off earlier after the circumcision; do not be concerned.
- 13. Post-circumcision embedded penises secondary to pubic fat accumulation may appear as though less skin has been removed. Since the penis protracts during adolescence, the foreskin will also gain the normal position
- 14. It is extremely important to act normally with children after the circumcision. It will be more correct to give encouraging and relaxing advice like "you can walk, go to the toilet, take a shower, but be careful" rather than worrying or giving frightening advice such as "it will hurt, it will bleed, do not walk, do not go to the toilet, eat less, do not wear anything"

## You may need to contact our clinic in the following conditions:

- If the dressing is totally covered with blood or if there is visible bleeding.
- Excessive darkness in the penis head especially 6 hours after the circumcision. Bruising can normally be seen at the penis head and location of local anesthesia and this can persist for several weeks.
- If there is no urine output 24 hours after circumcision, if pain aggravates despite the medicines, if blood is accompanying urine
- Excessive nausea, vomiting or fever

As Medstar Clinic, we are pleased to offer you all the opportunities of modern medicine. Please contact us if you have any concerns or encounter any abnormalities.

Dr. Turhan Comez General Surgeon

