

The Office of Accessibility (OA) provides academic services and accommodations for students with diagnosed disabilities. The Americans with Disabilities Act (ADA) defines a disability as a physical or mental impairment that substantially limits one or more major life activities. In order to receive academic accommodations, the student must submit comprehensive documentation describing the current functional limitations that impact the student in an academic setting. Documentation serves as the basis for decision-making about a student's needs for accommodations in a challenging and competitive academic environment.

Documentation of a high quality is relevant, useful, and thorough. The outline below has been developed to assist the student in working with the treating or diagnosing healthcare professional(s) in obtaining the specific information necessary to evaluate eligibility for academic accommodations.

### GENERAL GUIDELINES FOR PROVIDING DOCUMENTATION

- Documentation is provided by a licensed or otherwise properly credentialed professional who has appropriate and comprehensive training, relevant experience, and no personal relationship with the individual being evaluated. A good match between the credentials of the individual making the diagnosis and the condition being reported is expected (e.g., an orthopedic limitation might be documented by a physician, but not a licensed psychologist).
- Documentation includes a clear diagnostic statement that describes how the condition was
  diagnosed, provides information on the functional impact, and details the typical
  progression or prognosis of the condition. The documentation should include the
  diagnostic criteria, evaluation methods, procedures, tests dates of administration, as well
  as a clinical narrative, observation, and specific results. Diagnostic tests should be based
  on adult norms.
- Documentation should be relatively recent in order to provide an accurate description of current functioning. Because some conditions are permanent or non-varying, guidelines will differ from case to case. Contact the Office of Accessibility at 334-844-2096 to speak with an Accommodation Specialist to determine how current the documentation should be for your particular situation.
- Documentation should address the major life activities (i.e., caring for oneself, performing manual tasks, seeing, hearing, learning, walking, reading, concentrating, thinking etc.) affected by the disability and how those functional limitations impact the student in an academic setting. Documentation that does not address an individual's current level of functioning or need for accommodation(s) may warrant the need for a new evaluation.

In lieu of the attached form, other types of documentation may be sent that thoroughly address the questions below. Failure to address the following questions could delay the accommodation process.

# **Specific Guidelines for ADHD**

Student Name (First, Middle, Last):							
Da							
Address:							
City: State: Zip:							
Ph	Phone: ( )						
	To Be Completed by the He	alth Care Professional					
1.	<ol> <li>DSM-V Diagnosis</li> <li>□ AD/HD Predominantly Inattentive Type</li> <li>□ AD/HD Predominantly Hyperactive-Impulsive</li> <li>□ AD/HD Combined Type</li> <li>□ AD/HD Not Otherwise Specified</li> </ol>	Type					
2.	2. Date of diagnosis:						
3.	3. Age of student when diagnosed:						
4.	4. Last contact with the student:	1. Last contact with the student:					
5.	5. In addition to the DSM-V, how did you arrive a	nt your					
	diagnosis?□ Behavioral Observations						
	$\square$ Developmental History						
	☐ Rating Scales (Attach Scales)						
	☐ Medical History						
	$\ \square$ Clinical Interview with the Student						
	$\square$ Student $\square$ Parents $\square$ Teachers $\square$	Other					
	$\square$ Psycho-Educational Testing (Attach Testing	)					
	□ Other						
6.	6. Severity of the disability: ☐ Negligible	□ Moderate □ Se	vere				

still, difficulty following directions, etc.).
Developed in Little and Developed in Company
Psychosocial History: Provide relevant information obtained from the student/parent(s)/guardian(s) regarding the student's psychosocial history (e.g. often engaged in verbal or physical confrontation, history of not sustaining relationships, history of employment difficulties, history of educational difficulties, history of risk-takin or dangerous activities, history of impulsive behaviors, social inappropriateness, history of psychological treatment, etc.).
Pharmacological History: Provide relevant pharmacological history including an explanation of the extent to which the medication has mitigated the symptoms of the disorder in the past.

10	List current medications(s), impact, and adverse side effects.
11.	Educational History: Provide a history of the use of any educational accommodations and services related to this disability.

12. Student's Current Specific Symptoms
Please check all ADHD symptoms listed in the DSM-V that the student currently exhibits:

Inattention		
Often fails to give close attention to details or mak careless mistakes in schoolwork or other activities		
Often has difficulty sustaining attention in task or play activities.		
	Often does not seem to listen when spoken to directly.	
	Often does not follow through on instructions and details to finish schoolwork, chores, or duties in the workplace (not due to oppositional behavior or failure to understand instructions).	
	Often has difficulty organizing tasks and activities.	
	Often avoids, dislikes, or is reluctant to engage in tasks (such as schoolwork or homework) that require sustained mental effort.	
	Often loses things necessary for tasks or activities (e.g. school assignments, pencils, books, tools, etc.).	
	Is often easily distracted by extraneous stimuli.	
	Often forgetful in daily activities.	

Hyperactivity		
	Often fidgets with hands or squirms in seat.	
	Often leaves (or greatly feels the need to leave) seat in classroom or in other situations in which remaining seated is expected.	
	Often runs about or climbs excessively in situations in which it is inappropriate (in adolescents or adults, may be limited to subjective feelings or restlessness).	
	Often has difficulty playing or engaging in leisure activities that are more sedate.	
	Is often "on the go" or often acts as if "driven by a motor".	
	Often talks excessively.	

Impulsivity		
Often blurts out answers before questions have been completed.		
	Often has difficulty awaiting turn.	
Often interrupts or intrudes on others (e.g. butts into conversations or games).		

13. Major Life Activities Assessment: Please review major life activities listed below and indicate the severity the impairment(s) places on each activity.

Life Activity	Negligible	Moderate	Substantial	Unknown
Writing *				
Learning *				
Reading *				
Thinking *				
Memorizing *				
Reaching				
Lifting				
Sitting				
Standing				
Breathing				
Sleeping				
Performing Manual Tasks				
Walking				
Seeing				
Hearing				
Talking				
Care for Oneself				
Concentrating				

## Continue...

Life Activity	Negligible	Moderate	Substantial	Unknown
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Interacting with Others					
Other:					
Other:					
Guideline	s)			(see Learning l	·
14. Describe the student's functional limitation in a classroom or educational setting.				T the Tibitb diagn	
accom examp	modations a le, if a note t	re warranted base	ed upon the stude	onale as to why the ent's functional lin s for this request r	nitations. For

### **Healthcare Provider Information**

Name:	Specialty:
Title:	
Address:	
City:	State: Zip:
Phone: ( )	Fax: ( )
E-Mail:	License or Certification #:
With my signature, I certify that t patient's medical record.	the above information is true and documented as part of the
Provider Signature:	Date:
This form or other submitted his or her request.	d documentation may be released to the student at
Please mail, fax or email this form	n to:

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