



# Welcome to Kalives Titan Walking Football (KTWF)

## ✓ What is Walking Football

As the name suggests a game of football where all players walk during a match. No running or jogging is allowed and although this is a no contact sport we do permit minimal soft physical contact . The purpose of Walking Football is for players to be active as long as possible and where players of all ages and ability can play together.

### ✓ Why Walking Football

You're here to make new friends, become part of the community and stay as fit as is appropriate for your age. WF has many health-promoting effects. We pay attention to each other. Some players are older, some haven't played football before, some are struggling with injuries and playing within limits. What is most important is that everyone enjoys the experience and are able to take part when they choose.

#### ✓ Who can play: Female age 40 or over, male age 50 or over

Some age exceptions <u>may</u> apply if family and close friends are visiting. We have a responsibility to make the best possible arrangements for our own players, so sometimes it won't be possible to have younger guests playing. Guest/young players must show consideration for the playing age group.

#### ✓ Rules!

We have drawn up our own WF game rules enforced by club members who volunteer to act as referee. If we travel to other clubs, their rules will apply.

## ✓ Community

We have a strong local identity in and around Kalives/Apokoronas being known across the island of Crete through our on-line presence and extensive business sponsorship from within the village of Kalives to the larger town of Rethymno. In 2024 we were invited to take part in the Kalives annual March Carnival in recognition of our place within the community. We are a team that values good community spirit on and off the field, enjoying refreshments after every practice and social events throughout the year. ✓ **Contribution** of €2 is payable before each game by all players.

Our slogan "One of us" welcoming you as a new player.

Website: <u>www.kalivestitan.com</u> Facebook: walkingfootballcrete

Instagram: walking\_football\_kalives\_titan