





## National Competency Standard for Lifeguard

Standard Code: TOU02S12V2

## **Competency Standard for**

## **LIFEGUARD**

## NATIONAL CERTIFICATE 3

No.	modules/units	credits	Learning hours.
1	Observe personal, work-place hygiene practices	2	20
2	Practice health, safety and security practices	2	20
3	Provide effective customer care	2	20
4	Practice effective workplace communication	2	10
5	Perform computer operations	2	20
6	Provide first aid	2	30
7	Administer oxygen in an emergency situation	10	80
8	Provide emergency care	2	20
9	Perform basic water rescues	10	40
10	Supervise clients at an aquatic facility or environment	2	20
11	Perform advanced water rescues	2	20
	TOTAL	40	400
	Contact hours (approx.) =200		