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discussion guide.





About the author

Kristine Napper teaches middle school just outside Portland, Oregon. She's a lifelong wheelchair user and social justice seeker. She loves to be able to serve the community and be a part of positivity and change, which she does through her day job as an English language development teacher in a middle school, as well as sharing her stories and experiences as a person with a disability.



Before Reading Questions:

- 1. What does the word "disability" mean to you?
- 2. Why do you think it is important to talk about disabilities?
- 3. How do you think having a disability might change the way someone experiences the world?
- 4. Can you think of any questions you might have about disabilities that you would like to understand better?

During Reading Questions:

- 5. As Kristine introduces herself and talks about her wheelchair, what thoughts or feelings do you have?
- 6. Kristine mentions that it's okay to ask questions, but some might be unkind or mean. Why do you think the way we ask questions matters?
- 7. Can you identify any misconceptions about disability that Kristine addresses? How does she suggest we shift our perspective?
- 8. Kristine talks about normality. How does she redefine what it means to be normal?
- 9. What are your thoughts about the challenges Kristine mentions regarding accessibility and inclusion in the world?

Post Reading Questions:

- 10. Why might it be important to see disabilities as a normal part of the human experience?
- 11. Reflect on a moment where you saw someone being excluded or left out because the world wasn't accessible to them. How did that make you feel?
- 12. Kristine encourages us to notice when people with disabilities are missing from certain spaces. Why do you think this is an important practice?
- 13. How does this book challenge or change your previous thoughts about disability?

Reflective Questions:

- 14. Why do you think curiosity and respect are important when learning about disabilities?
- 15. What are some ways we can show inclusivity and acceptance towards people with disabilities in our daily lives?
- 16. Think about Kristine's point that she doesn't need to be fixed but the world does. What are some changes you think could make the world more accessible for everyone?