

Tumescent Liposuction

Informed Consent Form

I, _____, understand that I have requested treatment for the reduction of fat using the tumescent liposuction procedure. This is a liposuction technique to remove unwanted deposits of fat from specific areas of the body, including the neck, arms, abdomen, buttocks, hips, inner and outer thighs, knees, legs, flanks, and chest.

I also understand that this treatment is not a substitute for weight reduction, but a method for removing unwanted bulges or localized deposits of fatty tissue that do not respond to diet or exercise.

Tumescent Liposuction may be performed as a primary procedure for body contouring or may be combined with other surgical procedures such as traditional liposuction, and other procedures. Often the other liposuction modalities are performed first to loosen the fat and then the surgeon removes what is left through the tumescent technique. Tumescent Liposuction has the combined benefit of only requiring local anesthesia and being minimally invasive with only a few tiny incisions, when compared to other liposuction procedures.

This treatment is intended for individuals of average or near-average weight who have excess fat in particular body areas. Those with firm, elastic skin will result in better final contour after tumescent liposuction. Additional surgical procedures may be necessary to remove and/or tighten excess skin. Body contour irregularities due to structures other than fat cannot be improved by this technique. The tumescent liposuction technique is not for the very obese and is not a substitute for weight loss. Candidates for tumescent liposuction must have realistic expectations for what liposuction can and cannot do. Candidates for Tumescent liposuction must have no significant medical problems. Age by itself is not a significant factor in tumescent liposuction.

Tumescent liposuction will be performed under local anesthesia. The tumescent liposuction technique involves the infiltration of fluid containing dilute local anesthetic and epinephrine into areas of fatty deposits. The anesthetic is absorbed by the fatty tissue and causes the tissues to become swollen and firm, which prepares the fatty tissue for removal. The epinephrine injected causes the blood vessels to constrict or shrink in the area of the procedure. This vasoconstriction limits blood loss during the tumescent liposuction procedure and provides a long lasting numbing effect.

At this point the tumescent liposuction procedure is performed by using a hollow metal instrument known as a cannula that is inserted through tiny skin incisions and is passed back and forth through the area of fatty deposit. The fat is removed through the cannula tube with the assistance of a high pressure vacuum. You will be awake during the procedure. You will be placed on blood pressure, heart and oxygen monitors for safety measures.

You may receive an oral narcotic or sedative prior to the procedure and Cannot Drive Home. Most clients can return to work in 1 to 2 days following the procedure.

You will be required to wear special compression garments under clothing for a period of time after the tumescent procedure. These garments are designed to help the skin contract after a tumescent liposuction and its use will help achieve better results. You will usually notice the results within ten to thirty days, but improvement will continue for up to one year. During this healing process the treated area will be swollen and bruised.

Tumescent liposuction can be repeated. There is a limit to the amount of fat which can be removed during any one session of tumescent liposuction. In some instances the patient may want to have more removed at another time. If someone has several areas to treat, sometimes it is better to treat them at separate times. It is custom to wait approximately 3 months between tumescent liposuction procedures.

Possible Complications include:

- 1. Risks: I understand there is a risk of swelling, rash, local numbness, pain at the insertion site, and bruising.**
- 2. Infection:** Infections can occur which in most cases are easily treatable but in rare cases a permanent scarring in the area can occur.
- 3.** Bruising is possible anytime you cut into the skin. This bruising can last for several hours, days, weeks, months and in rare cases the effect of bruising could be permanent.
- 4.** Lumps or nodules in the treated area
- 5.** Pain: even with the administration of anesthesia a small percentage of patients report slight to severe discomfort during and following the procedure
- 6.** There might be an uneven appearance of the treated area; complaints of a lack of symmetry are common following this procedure.
- 7.** Women who are pregnant or nursing are not eligible for the Tumescent liposuction procedure
- 8.** I will follow all aftercare instructions as it is crucial I do so for healing. Support garments and dressing are to be worn to control swelling and promote healing. To optimize your results you should wear the support garments at all times and for as long as possible.

In the event of an emergency I consent to transfer to an acute care medical facility.

This list is not meant to be inclusive of all possible risks associated with tumescent liposuction as there are both known and unknown side effects associated with any medication or procedure.

I understand there is no guarantee of results of any treatment. I understand the regular charge applies to all subsequent treatments.

I understand and agree that all services rendered to me are charged directly to me and that I am personally responsible for payment. I further agree in the event of non-payment, to bear the cost of collection, and/or Court cost and reasonable legal fees, should this be required.

By signing below, I acknowledge that I have read the foregoing informed consent and agree to the treatment with its associated risks. I hereby release the doctor and the facility from liability associated with this procedure.

Patient Signature _____ *Date:* _____